



## JEFFERSON JAZZERCISE

On-going class meets year around, new members welcome to join anytime

**Monday/Wednesday  
4:45pm – 5:45pm**

**VFW Rec. Center  
1420 S. Rockwell Ave.**

6 class different formats offered on a weekly rotating basis, keeping your workout feeling fresh.  
**Dance Mixx, Interval Dance Mixx, Fusion, Interval Fusion, Flip Fusion, Strength60**

*New member trial passes: \$10 single class or \$60 for 10 class pass (3 mo. exp.)*

Regular ongoing class prices: \$10 single class, \$75 for 10 class pass (3 mo. exp.)

Unlimited class passes: 1 month for \$50 or 3 months for \$125

Unlimited classes with auto-pay: \$35/month

Membership also includes Cambridge Jazzercise classes offered  
6:00pm Tues/Thurs and 8:15am Saturday

Class participants should bring a mat, hand weights, and water bottle.

Register at any class, or call Christine Kenseth, Franchised/Certified Instructor

(608) 201-9236 or [ckenseth@aol.com](mailto:ckenseth@aol.com)

[www.facebook.com/JazzerciseJefferson](https://www.facebook.com/JazzerciseJefferson)

[Jazzercise.com](http://Jazzercise.com)