

SWIM LESSON PROGRAMS DESCRIPTIONS

Parent and Child (Ages 6 mo. To 2 yrs.): This course is designed to help parents teach their child aquatic orientation and safety skills. One parent or guardian (age 17 or older) must accompany the child in the water. Parents will work one on one, with their child, as instructors assist on a group basis. This class is not designed for children to become accomplished swimmers or even to survive on their own in the water.

Toddler Class (Ages 3 to 5 yrs.): The Toddler Class provides children with their first pool experience without parental assistance in a fun and positive learning environment. The main components of this program are personal safety, personal growth, stroke development, rescue skills, and water sports and games. All children must be potty-trained before they enter this preschool program.

Level 1: Skills include: floating unsupported on front and back, blowing bubbles, independently entering and exiting the water, submerging and holding breath 5 to 8 seconds, kicking in front and back position, alternating arm action and basic water safety rules.

Level 2: Skills learned: turning over, back crawl arm action, combined stroke on front and back (5 yards), jumping into chest-deep water, leveling off from a standing position, fundamentals of treading water, introduction to the side stroke and learning how to recognize a swimmer in distress.

Intermediate Level: This class is for those who can already swim and/or have taken Levels 1 & 2 courses. This class focuses on different strokes, including freestyle, breaststroke, backstroke, and butterfly. The class also focuses on refining technique.

Private/Semi-Private Lessons: A limited amount of private lessons will be offered for one (private) to two participants (semi-private) per instructor. The person requesting the semi-private class is responsible for finding the additional participant. Classes are scaled to the participant's skill level.

OUTDOOR GROUP AND PRIVATE SWIM LESSONS AT AQUATIC CENTER

	June 10-13 Mon.—Thurs.	June 17-20 Mon.-Thurs.	June 24—July 24 (no class the week of July 1) Monday and Wednesday	July 29-Aug. 1 Mon.-Thurs.
9:30-10:00	Privates	No Outdoor Lessons at this time		Privates
10:15-10:45	Privates			Privates
11:00-11:30	Privates			Privates
5:30-6:00	Privates	Privates	Parent Child, Toddler, Level 1	Privates
6:15-6:45	Privates	Privates	Toddler, Level 1 & 2	Privates
7:00-7:30	Privates	Privates	Level 1 & 2 Intermediate	Privates

REGISTRATION FORM ON THE NEXT PAGE
Registration begins **TUESDAY, APRIL 9**



www.jeffersonwis.com (920) 674-7720 2019 Spring/Summer



2019 SUMMER SWIM PROGRAM REGISTRATION FORM

RETURN TO: Jefferson Parks & Recreation, 317 S. Main St., Jefferson, WI 53549
The First Day to Register is Tuesday, April 9 * This is not the only day to register *

Parents Name: _____ Address: _____

Primary Phone # _____ Email address: _____

Swimmer First /Last Name	A g e	Class Level	1st Choice		2nd Choice		3rd Choice	
			Time	Session dates	Time	Session dates	Time	Session dates

I understand the inherent risk of injury involved in participation in this program and verify that my child is medically fit to participate. I give my permission to the supervisors of this program to take the proper steps in case my child is in need of emergency medical attention. I also release the sponsoring groups and their agents from all claims arising from the child's participation in this activity.

 Signature of Parent or Guardian

Registration is filled on a first come, first served basis. You may register beginning **April 9** in person, by mail -in using the form provided, or by using our 24-hour drop box at City Hall, Dodge Street entrance. If your first choice was not available, someone from the Recreation Department will contact you. No phone registrations are accepted.

CONSIDER YOUR FIRST CHOICE REQUESTS FILLED UNLESS WE NOTIFY YOU.

CANCELLATION POLICY If a class has less than 4 participants, the class will be combined or cancelled. If cancelled, you will be given the choice of another class or a refund.

GROUP LESSON FEE: \$32/person, School District Resident
\$40/person, Non Resident

PRIVATE LESSON FEE: \$40/person, School District Resident
\$50/person, Non Resident

FOR OFFICE USE ONLY	
Check # _____	Cash <input type="radio"/>
Amount _____	